

Weekend, October 22-24, 2010 www.metronews.ca



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THE HUNGER **TO SUCCEED GETTING INTO THE** CATERING BIZ (page 27)

COLONEL SENTENCED **WILLIAMS GETS** TWO LIFE TERMS (page 11)



DOC SHOCK PHILLIES DODGE **FLIMINATION** SPORTS (page 28)

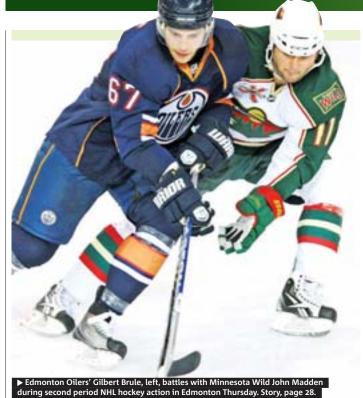


EDMONTON

Weekend, October 22-24, 2010 www.metronews.ca



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Wild end dry spell at Rexall Place

Kyle Brodziak put away two goals in a 4-2 victory over his former team, leading the Wild to their first win over the Edmonton Oilers at Rexall Place since Feb. 28,

Get ready for LRT disruptions

No service between Clareview. Coliseum this weekend (page 8)

The last cut is the deepest

Saw 3-D brings gory movie series to a close {page 19}

Tories tops in province, **but Wildrose** gaining: Poll

• Poll asked which party respondents would vote for if provincial election were held today • All four main parties boast strong support in Edmonton

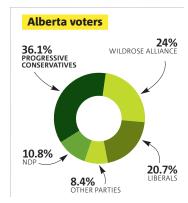
A new poll suggests Alberta's Progressive Conservatives are still the party of choice in the province, but their popularity continues to slip at the expense of the Wildrose Alliance.

A recent phone survey by Lethbridge College found that 36.1 per cent of 804 people surveyed by phone said they would pick Premier Ed Stelmach's party in the next election. That is down slightly from 38.4 per cent in a 2009 survey.

Those who moved away from the Tories appear to have moved to the Wildrose Alliance. The upstart party had 24 per cent of those surveyed, up 2.5 percentage points from the 2009 survey.

Both the Alberta Liberals — at 20.7 per cent — and the NDP at 10.8 per cent remained virtually unchanged from 2009. Just over eight per cent said they would vote for other parties, a figure that is also almost unchanged from the year prior.

The closest fight seems to be in Calgary. The Tories have 34.1 per cent of decided voters there compared with 29.4 per cent for the Wildrose.



Edmonton, by comparison, is a free-forall, with strong voter support for all four parties. The Tories were chosen by 33 per cent of those surveyed, followed by the Liberals (24.2 per cent), the NDP (19.8 per cent), and the Wildrose Alliance (16.3 per cent). THE CANADIAN PRESS



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U of A speaks out on hazing allegations

University responds to alleged fraternity hazing video, campus newspaper story



After the University of Alberta's student newspaper launched a media wildfire this week with a story about alleged hazing at the Delta Kappa Epsilon fraternity house, the school's dean of students addressed the issue on Thursday.

"The university learned earlier this week about allegations regarding the

West Edmonton Mall

Delta Kappa Epsilon frater-

nity," said Frank Robinson.
"The safety and well-being of our students at the university is our utmost priority and we take these allegations very seriously.

We have a comprehensive code of student behaviour that clearly lays out expectations for our students and student groups and provides the university with the ability to deal with situations as they arise.'

The story originated

Consequences

If found auilty, the accused could be expelled and the fraternity could lose its status, in accordance with the U of A's code of student

from a video — turned in to the office of The Gateway, the campus newspaper that allegedly showed physical and mental abuse in-



flicted upon pledges.

The Gateway's senior news editor, Alexandria Eldridge, penned the explo-

"We think that this is really important that this comes out because it is something that is in the public interest," she said.

"But we also want to make sure that people understand that this isn't a condemnation of the entire system because this is isolated to one specific group."

The allegations are currently under investigation. Anyone with relevant information is asked to report to campus security services.





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Style columnist Kenya Hunt wades through the ritual of winter coat shopping. More at metronews.ca/





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Accident sends five to hospital

Two people were ejected from a passenger van and the driver was trapped when the vehicle rolled after it was sideswiped on an Alberta highway.

RCMP say five people were in the van when it rolled multiple times Wednesday afternoon on Highway 36 near Foisy,

about 170 kilometres northeast of Edmonton.

Mounties say just before the rollover, an eastbound car crossed the highway's centre line and struck the larger westbound vehicle.

Everyone in the van was taken to hospital in St. Paul, while one male passenger was later flown to an Edmonton hospital with serious but non-life-threatening injuries. Another male from the van remains in hospital for observation.

No word yet on charges. THE CANADIAN PRESS

Stelmach shoots back to be set at Clinton in death

Premier Ed Stelmach has a message for U.S. Secretary of State Hillary Clinton.

The premier said the oilsands product is lower in carbon product than California oilsands by 10 per cent. Stelmach was reacting to recent comments from Clinton about Alberta's so-called "dirty oil." • metro edmonton

Court date

A Red Deer man accused of killing a 13-year-old boy while driving drunk on Canada Day will have his day in court set next week.

Rodney Arens, 33, is facing eight charges, including impaired driving causing death and dangerous driving causing death

THE CANADIAN PRESS

Safety on minds of WCB one year after standoff



Judge visited accused in jail to discuss trial • Accused to defend self

On Oct. 21, 2009, Patrick Clayton, 39, allegedly held nine people hostage at gunpoint at the Workers' Compensation Board building on 107 Street and 99 Avenue.

A year later, WCB CEO Guy Kerr sent an email out to his employees on Wednesday, reassuring them that they are the company's top priority.

"Staff here are really se," said Jennifer Iennifer close." Dagsvik, a WCB spokesper-

"Guy has always taken a very personal approach. He was right there a year ago, in the building helping people. So he wrote an email just to reinforce that he was privileged to work with people."

Dagsvik said WCB has enhanced security in a number of different areas since the incident

18 charges

On top of the nine unlawful confinement charges, Patrick Clayton also faces:

- Six counts of pointing a firearm
- Possession of a
- dangerous weapon Careless use of a firearm
- Using a firearm in the commission of an offence

"We've hired more per-

sonnel, we're doing more monitoring and we're in the midst of making some physical changes to the building," she said. facing

Clayton charges including nine counts of unlawful confinement. His trail begins in January.

ANDREAS MORSE



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Individuals interested and having the skills described are requested to submit their resume and cover letter via email to ht@metronews.ca no later than October 29, 2010. PLEASE QUOTE: "Reporter - Edmonton" in the subject line. All submissions will be treated as confidential.



No idle threat: Schools taking green approach

● University of Calgary officials will implement fines of \$10 to \$40 for idling more than three minutes



University of Calgary students and staff are now are prohibited from idling their vehicles on campus grounds.

U of C will begin a campaign this fall to eliminate idling through strict fines.

Closer to home, the University of Alberta's Office of Sustainability launched the Care for Our Air awareness program in early January.

The Edmonton program doesn't enforce fines for non-compliance, instead focusing on educating people about the damages of unnecessary idling.

U of A Education student Joe Vickers agrees with Cal-



gary's active approach.

"There needs to be a pragmatic approach to the rule itself. It is culturally ingrained that Albertans start up their vehicles in the wintertime. If they are going to be promoting a green initiative and be a leader, then

they should follow through."

The O of S hopes to decrease winter idling by letting students know idling is not only harmful to the environment, but to their vehicles. The campaign is getting more exposure during Sustainability Awareness Week, with promotional posters and stickers.

Fellow Education student Kyla MacKay believes that both approaches have their value.

"If they are aware that it will be enforced, then I am certain that the majority of people on campus will follow the rule. That being said, their first step should be to make people aware of the issue."



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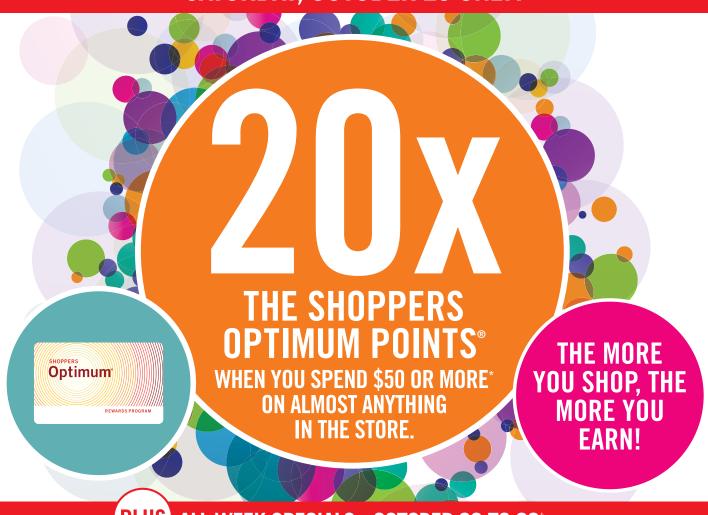


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Selected Types & Sizes



08



LRT disruption ahead

• Power line upgrades affecting weekend train schedule ▶ Buses will replace LRT service

There will be no LRT servbetween Clareview and Coliseum stations until the end of service on Sunday while Edmonton Transit continues work on upgrades for the overhead power lines on the north

Trains will be operating on their regular schedules between Coliseum and

Century Park stations.

A replacement bus service will operate on a seven-to-eight-minute fre-

quency between Clareview and Coliseum stations on Sunday.

Work to upgrade the power and signal systems on the northern part of the LRT line will continue intermittently until early

2011.

Check takeets.com for LRT service disruption updates. metro edmonton



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Have your say on downtown plan

The first steps have been taken towards creating a more attractive downtown community.

The Capital City Downtown Area Redevelop-ment Plan, which focuses on bringing more full-time residents downtown, was approved by council

on July 7.

Now members of the public are invited to an open house on Nov. 1 at 5 p.m. at city hall to have their voices heard about issues that concern their

Representatives will be present to address questions and make presentations about the plan.

The zoning portion of the plan is under review and will be looked at by council later in the year.

The downtown plan advisory committee is made up of city councillors, the province and representatives from the downtown arts community, social agencies, residential community and other organizations.

purpose of the committee is to provide a voice that will give specific input for the plan.

More information can be found at edmonton.ca /downtownplan.

DUSTIN BLUMHAGEN

News in brief

Oilers seeking cheerleaders

HOCKEY. Oilers fans will have even more to cheer

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about now that the club has announced plans for in-house cheerleaders.

The Oilers will host auditions for the allfemale cheer team at the end of the month. The team will be launched during the holiday season. • METRO EDMONTON



09

Student sows the seeds of success

• Green thumb, hard work blossom into scholarship

Rachel Peredery knows about hard work.

She was one of many who worked hard to get what she wanted and was-n't afraid to get her hands dirty

style changed, but her physical ability to conquer the tasks ahead diminished somewhat after being diagnosed with Ankylosing Spondylitis, a condition similar to arthritis and related to Crohn's disease.

Peredery accepted an internship with Vital Engineering, an environmental engineering firm in Sherwood Park. Throughout summer Peredery worked closely with the firm to build a meaningful

Going beyond

- The UCBeyond Scholarship was created four years ago by biopharma firm UBC Canada.
- Since then, it has allocated almost 70 educational bursaries worth nearly \$350,000 to students living with chronic illnesses like rheumatoid arthritis, Crohn's and epilepsy.
- Winners must show academic ambition and use their scholarship toward post-secondary education for the upcoming school year.

project within her physical limitations

"We found we both had

this passion for local food and for children and how we could tie those togeth-' said Peredery

She presented her ideas to the Rotary Club on starting a school garden and was referred to Westborough Elementary.

"Once I had a plan in place I approached the principal," said Peredery. "It was really fortunate because they have an inner courtyard in the school that was run-down and they weren't entirely sure

what to do with it."

Peredery's garden project earned her a \$5,000 UCBeyond scholarship she was eligible for due to her medical condition

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Push for more aboriginal say

National chief of Assembly of First Nations wants more aboriginal input into their education programs

The national chief of the Assembly of First Nations says it's time Canada allowed aboriginals to have more say in their education.

Shawn Atleo told an international audience in Calgary that learning is key in giving the country's one million First Nations people "a hand up" from poverty and despair.

"When we have individuals succeeding in education our people feel it is not because of support ... it's been despite," he said Thursday in his keynote address to the Conference of the Americas on International Education.

"It's meant overcoming tremendous odds in order to achieve success in areas

like education."

Atleo, who has a master's degree in adult learning, said Prime Minister Stephen Harper took a major step forward recently when he indicated Canada would sign the United Nations Declaration on the Rights of Indigenous Peoples

"We are very excited that the prime minister would give such a signal that they would do so this year. There are specific examples in the

declaration that speak to the right of indigenous people to help design an education that works for us," Atleo said. "We intend to do that and we've been reaching out to Canadians.

THE CANADIAN PRESS

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Arts cuts hitting home

Arts funding cuts announced last year are trick-ling down, now affecting more local arts centres.

Todd Janes, executive director of artist-run centre Latitude 53, said it was a good-news bad-news situation after his meeting with Culture minister Lindsay Blackett.

Janes said Blackett told him not to anticipate any further reductions from the upcoming budget.
"Originally, before we

\$15,000

approximate budget cuts to Latitude 53 equalling a part-time position, or one show.

first heard how much the cut was going to be, Minister Blackett said the cut would be a slight haircut," said Janes about the funding cuts in February earlier this year.

Janes added the minister assured him that much of the cuts would be taken through administration or through other venues so the effect wouldn't be dramatic. ASPEN ZETTEL

RCMP shakeup means regional commanders

The beleaguered RCMP is shaking up its management with the appointment of two veteran officers to oversee operations in Eastern and Western Canada.

The creation of new regional czars follows a summer of discontent at the national police force amid accusations of bullying by commissioner William Elliott and persistent concerns the pace of much-needed RCMP modernization was too slow. THE CANADIAN PRESS

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Life sentences the final chapter for sex killer

• Tearful Williams says he's 'indescribably ashamed'

The unprecedented, sadistic crimes of convicted sex killer Col. Russell Williams have earned him a place among the worst criminals Canada has ever seen, court heard Thursday as the final chapter in the shocking case drew to a close.

The depths of the depravity demonstrated by Russell Williams had no equal," Ontario Superior Court Justice Robert Scott said as he sentenced the once-decorated officer to two concurrent life sentences with no possibility of parole for 25 years.

Once destined for senior military command, the 47year-old former airbase chief, who flew prime ministers on VIP flights, is now in Kingston Penitentiary, home to some of the coun-



try's most notorious criminals — including schoolgirl killer Paul Bernardo.

Already branded "the devil" by the brother of one of his victims, Williams will go down as one of the worst killers in Canadian history, said Crown prosecutor Lee Burgess.

"We can all think of a handful of names and everybody knows those names, and he's now on that list," he said outside court.

The Crown didn't seek dangerous offender status, however, saying it was "superfluous" given his life sentence and would only prolong the suffering of families.

Williams' dark descent began with a string of disturbing fetish break-ins in 2007 that escalated to sexual assaults and culminated in the brutal sex killings of Cpl. Marie-France Comeau, 37, and lessica Lloyd, 27.

THE CANADIAN PRESS



ALKIS KONSTANTINIDIS/THE ASSOCIATED PRE

Anger explodes as students march

Riot police clashed with university students during a protest outside the Greek parliament in central Athens on Thursday. More than 1,500 students marched to protest against planned education reforms and the strict austerity measures imposed by the government in an effort to overhaul its debt-ridden economy.





Chavez 'on offensive'

• Strengthening ties with Syria 'to accelerate the fall of (U.S.) imperialist hegemony' • Venezuela and Syria sign several economic agreements

On the Mideast leg of an international tour, Venezuelan President Hugo Chavez said yesterday that he and his Svrian counterpart are on the offensive" against Western imperialism.

The trip underscores the forces that complicate Washington's battle for influence in Syria, which is under U.S. sanctions because the State Department considers it a sponsor of

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Despite U.S. outreach, Syria has remained close to Iran and the militant groups Hamas and Hezbolwhile building ties with Venezuela.

Still, Syria stands to gain from improved ties with Washington, which could boost the country's struggling economy and end the sanctions.

THE ASSOCIATED PRESS







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That's one big puddle

When NASA blasted a hole in the moon last year in search of water, scientists figured there would be a splash. They just didn't know how big.

Now new results from Hollywood-esque the moonshot reveal lots of water in a crater where the sun never shines - 41 gallons of ice and vapour.

That may not sound like much — it's what a typical washing machine uses for a load — but it's almost twice as much as researchers had

initially measured more than they ever expected to find.

The estimate represents only what scientists can see from the debris plume that was kicked up from the high-speed crash near the south pole by a NASA spacecraft on Oct. 9, 2009.

Proof that the moon is not a dry, desolate world offers hope for a possible future astronaut outpost where water on site could be used for drinking or making rocket fuel. But the scientists' excitement is tempered by the reality that there's no plan to land on the moon anytime soon. THE ASSOCIATED PRESS



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Man freed by Iran back home

But businessman's case not dismissed outright by Tehran

A California businessman who spent more than two years in an Iranian prison after being accused of passing money to a rebel group returned home Thursday.

Reza Taghavi, 71, arrived at Los Angeles International Airport with his attorney, former U.S. diplomat Pierre Prosper, who won Taghavi's release after talks with Iranian envoys.

After clearing customs and meeting separately with his immediate family, Taghavi arrived at a terminal room where he was greeted by dozens of cheering friends and relatives. He flashed a dimpled smile as he hugged and kissed supporters, many of whom burst into tears as they clapped and chanted

"We love you!"
In halting English,
Taghavi told reporters: "I'm glad that I'm back to the United States in my home now. I'm glad that I'm here and hope everything can be all right from

Tondar

The rebel group Tondar is suspected of a 2008 mosque bombing that killed 14 people in the southern city of Shiraz.

Taghavi, a retired Orange County businessman who regularly visits his native Iran, was jailed on allegations that he passed \$200 to someone suspected of links to a rebel group called Tondar.

France. Protests

Taghavi was charged and denies knowingly supporting the faction. He was freed Saturday and had to meet with survivors of the bombing as a condition of his release.

Taghavi agreed to discuss the group Tondar and the wrong he claims the group did to him as a condition of his release.

"He's ready to tell his story, because he feels aggrieved," Prosper said.

THE ASSOCIATED PRESS



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► About 4,000 students peacefully rallied in Paris.

Strikers hold ground

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attacked police in Lyon ahead of a tense French Sen-

ate vote on raising the retirement age to 62. Travel

cancelled concerts in Paris, and rioting youths

warnings to France have been issued.

Police in B.C. have handed out more than 21,000 tickets in the last six months to drivers who were speeding, impaired or using cellphones

Most of the tickets, nearly 20,000, involved drivers using handheld devices, which were banned by a new law effective Feb. 1.

Police also issued more than 1,400 penalties for impaired driving and 435 fines for excessive speeding between Sept. 20 and Oct. 10, as well as impounding nearly 1,700 vehicles during the same 21,000 Driving penalties issued by police in B.C., in past six months.

time period.

This came after B.C. brought in the toughest laws in Canada for impaired driving and speeding.

Solicitor General Mike de Jong says the number of offences is alarming and reflect the need to change dangerous driving behav-

The numbers were released yesterday at an ICBC road safety event in Richmond, where experts urged drivers to reducing speed for road conditions as the winter driving season arrives.

THE CANADIAN PRESS



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Soaring McSales

Protests like the one above did not stop the world's largest burger chain from drawing in the highest customer count in more than two decades. Sales of McDonald's frappes, smoothies and its dollar menu helped push the chain's net income up 10 per cent in the third quarter.

eyes forest agreement

Oil industry players have been sniffing around the landmark Boreal Forest Agreement between industry and environmental groups, says one of the agreement's architects.

Avrim Lazar, who heads the Forest Products Association of Canada, says he's fielded inquiries from senior civil servants. executives and oil industry associations about how the forest industry got together with its one-time adversaries.

TORSTAR NEWS SERVICES

Under the pact, the 21 member forest companies agreed to suspend new logging on 29 million hectares of forest.

Oil industry | WHAT'S HIDING IN THE CURRENCY WAR

Other people's money

(L) DESCÔTEAUX



Yesterday, I paid \$2.99 US to download an episode of Entourage on iTunes. Over a year ago, my credit card bill would have shown a charge of \$3.88. The Canadian dollar was worth less then. Today, my bill will be around \$2.99. The loonie is almost on par with the U.S. dollar.

our currenсу appreciates compared with other currencies, we become richer. It's as if we

all suddenly got raises. Politicians, though, believe the opposite. Right now, the world's governments are launching a "currency war." They're printing tons of money in the hope that it will lose value relative to their neighbours' currencies. It's the most ridiculous war. where winning means shooting oneself in the

foot.
Why? According to the

media, governments want to help their exporters. When you sell in Canadian dollars and that dollar falls. your product becomes less

"It's the most ridiculous war, where winning means shooting oneself in the foot."

expensive — and more attractive — for foreign buyers. This might be a plausible explanation for certain countries like China, whose economies are heavily dependent on exports. (Although several other countries, like Germany and Switzerland have demonstrated that it's possible to succeed on the international market even with a strong currency.)

But for several western countries, the real explanation is to be found elsewhere. In the United States for example, exports make up only 12 per cent of GDP. Why impoverish the population for so little? Here's a hint: If tomorrow morning the American government confiscated every

dollar held by the entire population, it would still need \$12 trillion more to repay all of its debts and honour its promises to future retirees, according to David Walker, the country's former comptroller general.

The U.S. government is carrying a gigantic debt that it will never reimburse. But why go under when it just needs to reduce the value of the American dollar by printing a ton of money what the media refer to as 'quantitative easing' and a portion of its debt will disappear as if by mag-

When you reduce the value of what you owe, you reduce your debt.

This solution would also help Japan, the most indebted country on the planet. And Great Britain, which is getting bogged down in deficits.

Listening to our leaders, you'd think we could become richer by being poorer, by underselling the fruits of our labours.

And so we have a "currency war." But under-neath this absurd rhetoric, another motive hides: Several governments will try, in the coming years, to go bankrupt on the sly.

David Descôteaux is a freelance economic journalist and an associate researcher at the Montreal Economic Institute (iedm.org)

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Deficit talk

Canada's budget watchdog says the current budget deficit may be relatively smaller than what Ottawa faced in the 1990s, but it's going to be harder to eliminate

THE CANADIAN PRESS



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MINUTES WITH: TODD JANES

He's the director of Latitude 53, an artist-run centre here in Edmonton and a performance artist in his own right. We sat down with Todd Janes to discuss his work and what it means to be an artist in our city.

How does your role at the gallery play into your work as

I think they are simpatico. I think being an artist is also about being exposed to different approaches to art, so the gallery is a really rich environment for that to occur. Some of the artists that we exhibit aren't even from Canada

so there has to be something specific about why we're showing it in Edmonton and that's often because it's awesome and no one else is doing this or they're really very good at their craft or because art has an audience that would benefit from seeing it here.

What does it mean to be an artist in Edmonton to you? You have to be tenacious, I make art because I want to have a discussion with people. I also think that broader sections of people are becoming more visually literate. I think they're a lot more engaged so in

"Edmonton is a great place to be an artist."

many ways, Edmonton is a great place to be an artist.

Where is your own work headed and what are you working on now?

For a long time my work was very much about public and private spaces and the dichotomy between them. Now I'm interested in creating a sense of intimacy with strangers and how you create those opportunities. You say

intimacy and people think sex right away, but it's about genuine tenderness. Pushing that a little bit further I'm asking can have intimate exchanges with a person and an object? I was reading this old Romanian myth and it talks about the idea of trees being a kind of holder of energy, like the Mexican worry doll, this idea of an interaction with an inanimate object. I'm curious that if that can occur, then what is preventing us from having more tender moments or empathy with other people? @ ASPEN ZETTEL

Cartoon

Swing fever spreading

PEOPLE UNDER MY JOIN THE COMMAND SAY I'M CONFRONTATIONAL AND DICTATORIAL.

Worth mentioning

TORONTO. Swing is making a comeback and it's not just the infectious rhythm and foot-stomping moves drawing the crowds. The sense of community created by the dance is proving even more of a lure as a young set brings an old jig back into style.

The style of dance, and the face-time it offers in an increasingly digitized world, is something that's appealing even to the high school crowd.

"It has that youthful ex-uberance to it," says Matt Lam, a 24-year-old physics graduate student, who is also president of the UBC Swing Kids. He says he's seen teens as young as 16

UBC Swing Kids



come out to events put on by his campus club.

Swing dancing actually refers to a group of dances that developed in the 1920s alongside the swing style of jazz. The dances range from the traditional foot-stamping Lindy Hop to the body-hugging

With university swing clubs cropping up and social dances offered in most major cities, swing fever is catching. The rise of popular television dance shows is also helping to raise the profile of

While swingers dance with a partner, they don't have to bring one. Most people show up alone but don't stay that way for long. THE CANADIAN PRESS

Are Halloween pumpkins a waste?

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Metro Minute at the Eskimos game

The Edmonton Eskimos will try to hang on to the final playoff spot in the West when they take on the Saskatchewan Roughriders at Commonwealth Stadium on Saturday.

The Eskimos are 5-10 on the season but they're coming off a much needed overtime win against the B.C. Lions and they're facing a 9-6 Riders squad who have dropped their last two games.

The two teams are tied in head-to-head matchups with the Riders taking the first game by four in Regina and the Eskimos winning their home game by

Tickets for the contest are available by calling 780-448-ESKS.

Three days to play

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Karen McIntosh

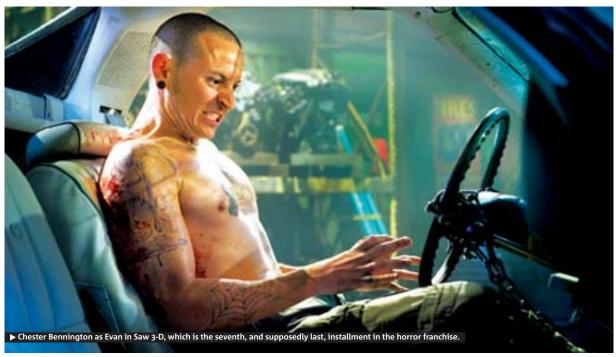
If I was mayor I would have a plebiscite to get the airport issue over and done with.



Cathy Campbell

I would listen to people, what they want and try and do it.

Director and long-time editor of horror franchise brought back for seventh film • Final Saw film looks to give fans one last look into the mad world of Jigsaw and his disciples



Saw sharpened for final cut



Last year, for the first time since the film series began, a Saw feature failed to own the box office on Halloween. Funnier still was that Saw 6 was one of the best entries in the series a deft thriller whose ample gore was matched by slick directorial style and a witty, clever script.

Shame then, that the viral juggernaut Paranormal

Activity trumped it on its opening weekend, sending director (and long time series editor) Kevin Greutert packing.

But when Greutert got

the call from Paramount pictures to helm Paranormal Activity 2, Saw studio Lions Gate and production company Twisted Pictures sneered and used a contractual loophole to literally drag GreUtert back to film Saw 3-D, the seventh and supposedly final entry.
"This has been a hard

year," says Gruetert who had to not only abort plans to make PA2 but also move back to Toronto from his native LA.

"But at the end of the day, I didn't want to let the fans down. I think we really made a film that contin-ues the story but stands alone. I'm ultimately proud of this one."
Saw 3-D continues and

climaxes the ongoing story of long dead anti-serial killer Jigsaw (Tobin Bell) whose disciples continue to use devious, flesh ripping death traps to teach sinners lessons that are often painful and fatal. And all of this mayhem literally jumps off the screen in digital 3-D.

"Needless to say there are plenty of 'comin at ya' moments," notes the talented filmmaker who aims for not only gore but psychological frissons in his work.

"There's also tons of blood. We have an obligation to the hardcore horror

CanCon Creeper

Canada. Did you know that every Saw film - except the first — was shot in Toronto with many prominent Canadian actors and craftsmen called on to bring Jigsaw's gruesome, clockwork world to life?

fans to do that. It looks pretty damn great in 3-D, I must say. After the sixth film, I certainly tried to top

scene

News in brief



Police say Desperate Housewives star Eva Longoria Parker has been involved in a minor traffic accident in Hollywood.

Los Angeles police Sgt. Kara Silverstein of the department's West Traffic Division savs the actress was heading eastbound on Hollywood Boulevard at about 7:30 p.m. Wednesday when another driver made an unsafe left turn into a parking lot and hit Longoria Parker's car. Silverstein says the actress complained of pain but was not seriously hurt





for causing death of celebrity



THE DIFFERING TAKES ON THE AFTERLIFE

In Focus

RICHARD CROUSE





lint Eastwood's latest film, Hereafter, concerns itself with what happens once you have, as John Cleese might say, "shuffled off this mortal coil." In the film a woman has a near death experience, beginning her walk into a bright light surrounded by misty figures making a similar journey into that great

goodnight. That's just the most recent cinematic vision of what happens after death, but there are many more, some played for laughs, sometimes for drama and now and then for comfort.

In Deconstructing Harry, Woody Allen goes for the joke, taking the viewer on an elevator ride through hell's nine floors, each reserved for a different kind of sinner. Best

line? "Floor 7: the media. Sorry, that floor is all filled up."

Tim Burton also had some fun with the afterlife in Beetlejuice. Alec Baldwin and Geena Davis get tips on how to haunt their old house in a book titled Handbook for the Recently Deceased. Best line? "We're not completely helpless, Barbara," says Adam (Baldwin). "I've been reading that book and there's a word for people in our situation: ghosts."

Taking the hereafter a bit more seriously is The Rapture which sees Mimi Rogers almost reunited with her dearly departed daughter. This version of Heaven is much starker than the usual sweetness and light paradise seen on film; there's no Pearly Gates or fluffy clouds with angels snacking on Philadelphia Cream Cheese. For that version check out the opening minutes of the classic Rodgers and Hammerstein musical Carousel. The story of a dead carnival worker who asks for permission to be sent back to earth for one day to make amends for mistakes he made in life starts with a glittering vision of heaven, complete with sparkling stars. Best heavenly quote? "Here there is no time; this is the beginning and the

end."

What Dreams May Come, the 1998 film about a man who leaves heaven to search hell for his wife paints heaven as a place that, as Roger Ebert noted, seems "cheerfully assembled from the storage rooms of images we keep in our minds: Renaissance art, the pre-Raphaelites, greeting cards, angel kitsch." The heaven in this film is a wonderful place "big enough for everyone to have their own private universe."

On the flipside is the movie's vision of hell as a surreal, dark place. Best quote: "Hell is for those who don't know they're dead."





See it twice **Worth watchin**



Score misses the goal

Score: A Hockey Musical Genre: Comedy/Musical

Michael McGowan Stars: Olivia Newton-John Noah Reid, Marc Jordan

We already have Wayne Gretzky Unoaked Chardonnay, which, according to the winery features soft "notes of white peach and pear" so do we really need a cinematic hockey tribute featuring some not-so-soft musical notes?

Director Michael McGowan thought so and the result is a parody of hockey violence set to a

soundtrack that rhymes baloney with Zamboni. All that's missing is Don

Cherry.
The story of a peace loving hockey prodigy's assimilation into the sport's violent world has its heart in the right place, but what could have been a surreal Glee-like experience unfortunately — to mix sports metaphors doesn't hit a home run. RICHARD CROUSE



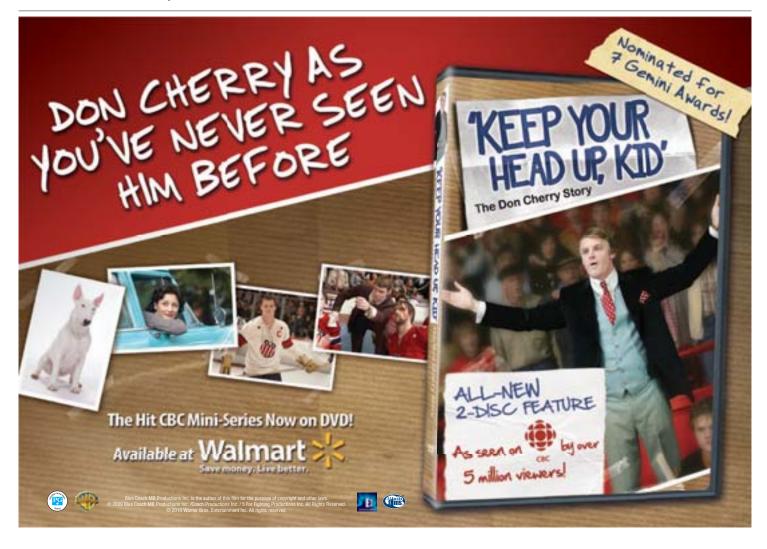
Polarizing take on the afterlife

Hereafter Genre: Drama Director: Clint Eastwood Stars: Matt Damon, Bryce Dallas Howard, Cecile de France

Clint Eastwood's Hereafter opens big as a tsunami flattens a tropical city. A vacationing French news anchor (Cecile de France) drowns but is later revived.

A reluctant San Francisco psychic (Matt Damon) believes his connection with the dead

has ruined his life, and a boy in London suffers unbearable pain when his twin dies. Their quests to know the afterlife unite them in Eastwood's mesmerising but often slow supernatural meditation. Audiences will be polarized but Eastwood won't care. Anne brodie



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Buried (14A) Stadium Seating, DTS Digital Fri-Tue 12:20-2:50-5:20-7:50-10:20 Stadium Seating, DTS Digital Wed 12:20-2:50-10:20 Stadium Seat ing, DTS Digital Thu 12:15-2:45-5:15-7:45

12:25-3:25-7:10-10:10 Jackass 3D (R) No Passes, Stadium Seating Fri-Sun 12:35-3-8-10:30 Stadium Seating Mon-Thu 12:35-3-8-10:30

Life as We Know It (PG) Stadium Seating, DTS Digital Fri-Thu 12:45-3:45-6:45-9:45

Paranormal Activity 2 (14A) No Passes, Stadium Seating, Dolby Stereo Digital Fri-Thu 12:10-2:35-5-

Red (14A) Stadium Seating, Dolby Stereo Digital Fri-Thu 12-3:20-6:30-9:50 Saw 3D (R) No Passes, Stadium Seating, Dol by Stereo Digital Thu 10:15

Score: A Hockey Musical (STC) Stadium Seating, DTS Digital Fri-Thu 12:30-2:55-5:20-7:45

The Social Network (PG) Stadium Seating, DTS Digital Fri-Thu 12:10-3:10-7:10-10:10 The Town (1/A) DTS Digital Stadium Seating Fri-Thu 12:05-

3:05-7:05-10:05 **CLAREVIEW 10** 4211 139th Ave. 780-472-7600

Case 39 (14A) Fri 4:40-7:20-9:55 Sat-Sun 1:50 4:40-7:20-9:55 Mon-Thu 5:25

Easy A (14A) Fri-Sun 9:50 Mon-Tue 8:35 Hereafter (PG) No Pass-es Fri 3:40-

6:40-9:35 No Passes Sat-Sun 12:45-3:40-

6:40-9:35 No Passes Mon-Thu 5-8

Jackass 3D (R) No Passes Sat-Sun 2-4:50-7:10-9:30 Mon-Thu 5:40-8:40

Life as We Know It (PG) Fri 4:05-6:45-9:25 Sat-Sun 1:20-4:05-6:45-9:25 Mon-Thu 5:10-8:20 My Soul to Take (14A) Fri 3:45-6:35-9:10 Sat-My Soul to Take (144) (173-45-525) Sun 1:10-3:45-6:35-9:10 Mon-Thu 5:30-8:25 Paranormal Activity 2 (14A) No Passes Fri 4:30-7-9:20 No Passes Sat-Sun 1:40-4:30-7-9:20 No

Passes Mon-Thu 5:50-8:45 Red (14A) Fri 4:20-7:05-9:45 Sat-Sun 1:30-4:20-7:05-9:45 Mon-Thu 5:20-8:15

Secretariat (G) Fri 4-6:50-9:40 Sat-Sun 1:15-4-6:50-9:40 Mon-Thu 4:50-7:50

The Social Network (PG) Fri 3:35-6:30-9:15 iat-Sun 12:50-3:35-6:30-9:15 Mon-Thu 5:15-8:10 The Town (14A) Fri 3:50-6:55 Sat-Sun 1-3:50-6:55 Mon-Tue 5:35

> **GARNEAU THEATRE** 8712 - 109 St., 780-433-2212

Catfish (PG) Fri 7:15 Sat-Sun 1-7:15 Mon-Thu

Force of Nature: The David Suzuki Fubar 2 (18A) Fri 9:15 Sat-Sun 3-9:15 Mon-Thu

Never Let Me Go (14A) Fri 7-9:10 Sat-Sun 2-7

The Rocky Horror Picture Show (14A)

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arjuat the Fast Runner (14A) Mon 7 Citizen Architect: Samuel Mockbee and the Spirit of the Rural Studio

Basquiat: The Radiant Child (14A) Fri 7

NFB Fairy Tales for All (STC) Thu 7 NFB New Release Pro-gram (STC) Thu 8:30

MOVIES

5074

dunov (STC) Sat 10 Mother and Child (14A) Star & Strollers My Soul to Take (14A) Fri-Wed

Paranormal Activity 2 (14A) No Passes Fri-Thu 12:30-3

Owls of Ga'Hoole 3D (PG) Fri-Wed 1:20-

Life as We Know It (PG) Fri-Thu 1:40-4:20-

The Metropolitan Opera: Boris Go

3:50-6:30-8:50 Thu 1:20-3:50-6:30

5:20-8-10:40

Red (14A) Fri

Thu 1-3:40-

7:40-10:30

Saw 3D (R) Thu 10 Score: A Hockey Musical (STC) Fri-Tue

Secretariat (G) Fri-Thu 12:40-3:30-

The Social Network (PG) Fri-Thu

10-4:10-7:20-10:15

3:20-6:55-9:50 Sat 3:20

6:55-9:50 Sun-Thu

12:20-3:20-6:55

The Town (14A) Fri 12:20-

1:50-4:30-7:05-9:20 Wed 4:30-7:05-9:20 Thu 1:50-4:30-7:05-9:20 Star & Strollers Screening Wed 1

Again (G) Fri 7:15 Sat-Wed 1:15-4:15-7:15

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Catfish (PG) Fri 7:15 Sat-Sun 1-7:15 Mon-Thu

Force of Nature: The David Suzuki Movie (STC) Fri 7-9 Sat-Sun 2-7-9 Mon-Thu 7-9 Fubar 2 (18A) Fri 9:15 Sat-Sun 3-9:15 Mon-Thu

SCOTIABANK THEATRE

4:10-7:15-10:10 Star & Strollers Screening, No

Inception (PG) Fri-Sat 3:45-7:10-10:15 Sun 3:45-10:20 Mon-Thu 3:45-7:10-10:20

It's Kind of a Funny Story (PG) Fri-Sat 1-3:25-6-8:30-10:55 Sun-Thu 2:05-4:30-7:30-10:15 Jackass 3D (R) Fri-Sat 1-2-3:30-4:30-6:7-8:45-10:10-11:10 Sun-Wed 1-2-3:30-4:30-5:45-7:05-8-9:30-10:15 Thu 1-2-3:30-4:30-5:45-7:05-8-9:30 Legend of the Guardians: The Owls of Ga'Hoole (PG) Fri-Sat 1:05 Sun-Thu 1:10 7:40-10:25 Sun 12:45-3:15-7:30-10:20 Mon-Wed

Social Network (PG) DTS Digital Fri 6:35-9:25 DTS Digital Sat-Sun 3:45-6:35-9:25 DTS Digital Mon-Thu 7:45

Waiting for Superman (PG) DTS Digital Fri 7:10-10 DTS Digital Sat-Sun 4:15-7:10-10 DTS Digital Mon-Thu 8:15

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Jackass 3 (R) No Passes Fri-Thu 1:20-3:20-5:20-

Paranormal Activity 2 (14A) No Passes Fri-

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Easy A (14A) Fri-Sun 12:40-3:45-6:30-9:20 Mon 12:40-3:45-9:45 Tue-Thu 12:40-3:45-6:30-9:20 **Hereafter** (PG) No Passes Fri-Thu 12:15-3:30-

Jackass 3D (R) Fri-Wed 12:10-1:20-2:45-4:20-5:15-7:20-8-10-10:45 Thu 12:10-1:20-2:45-4:20-5:15-7:20-8-10:45

nd of the Guardians: The Owls o **Ga'Hoole** (PG) Fri 12-2:30-4:50 Sat 4:50 Sun 12 2:30 Mon-Tue 12-2:30-4:50 Wed 12-2:30 Thu 12-2:30-4:50

Legend of the Guardians: The Owls of Ga'Hoole: An IMAX 3D Experience

PG) Fri-Thu 1:30-4:15-7-9:30 .ife as We Know It (PG) Fri 1-4-7:10-10:15 The Metropolitan Opera: Boris Go-dunov (STC) Sat 10

My Soul to Take 3D (14A) Fri-Wed 1:40-4:40-7:40-10:45 Thu 12:30-3:30-6:30 rmal Activity 2 (14A) No Passes Fri-

Phil Collins: Going Back, Live at Rose land Ballroom, NYC (STC) Wed 7 **Red** (14A) Fri-Tue 12:50-3:50-6:50-9:50 Wed 3:50-6:50-9:50 Thu 12:50-3:50-6:50-9:50 Star & Strollers Screening Wed 1

Resident Evil: Afterlife (18A) Fri 7:50 10:40 Sun 10:40 Mon-Tue 7:50-10:40 Wed

10:40 Thu 7:50-10:40 Saw 3D (R) Thu 10

Score: A Hockey Musical (STC) Fri-Tue 12:20-3:20-6:30-9:10 Wed 3:20-6:30-9:10 Thu 12:20-3:20-6:30-9:10 Star & Strollers Screening Wed 1

Thu 1:10-4:10-7:15-10:20 The Town (14A) Fri-Thu 12:30-3:40

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Alpha and Omega 3-D (G) Fri-Sat 1:05-3:15-5:30-7:45 Sun-Thu 1:05-3:20-5:30-7:45 Easy A (14A) Fri-Sat 1:40-4-6:30-8:45-11 Sun-Wed 1:05-3:20-5:30-7:45-9:55 Thu 1:05-3:20-9:55

Hereafter (PG) No Passes Fri-Sat 1-4-7:3010:30 No Passes Sun-Wed 1:15-4:10-

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1:45-4:40-7:30-10:20 Thu 4:40-7:30-10:20 Star &

The Metropolitan Opera: Boris Godunov (STC) Sat 10

Paranormal Activity 2 (14A) No Passes Fri-Sat 2:15-4:30-5:45-6:45-8:15-9-10:45-11:15 No Passes Sun-Thu 2-4:30-7-9:30 No Passes Fri-Sat 1-3:15 No Passes Sun-Thu 1-3:15-5:45-8:15-10:45 Red (14A) Fri-Sat 1:15-4-7-10 Sun-Thu 2:10-4: 7:30-10:15 Fri-Sat 2-5-8-10:45 Sun-Thu 1-3:45-

Saw 3D (R) Thu 10:20

Score: A Hockey Musical (STC) Fri-Sat 1:15-3:45-6:10-8:30-10:45 Sun-Thu 1-3:15-6-8:15-10:30 Secretariat (G) Fri-Thu 1:05-4:05-7:05-10:05 The Social Network (PG) Fri-Sat 1:50-5-7:50-

The Town (14A) Fri 2:15-5-7:45-10:50 Sat 5--10:50 Sun-Thu 1:50-4:35-7:15-10:05 Il Street: Money Never Sleeps (PG) Fri-Sat 10:20 Sun-Thu 10:05

WWE Bragging Rights - 2010 (STC) Sun 6

TELUS WORLD OF SCIENCE

1121-142 St., 780-451-3344 Amazon (STC) Wed 2

Beavers (STC) Tue 10

Rugs! (STC) Mon 10 Wed 11 Coral Reef Adventure (G) Fri 2 Tue 11 Thu 1 Dinosaurs Alive! (STC) Sat 2-4 Sun 2 Thu 10 Grand Canyon Adventure: River at Risk (STC) Fri 1 Sat 5

Greece: Secrets of the Past (STC) Mon 2 Horses: The Story of Equus (STC) Fri 10

Hurricane on the Bayou (STC) Mon 1 Thu

Mystic India (STC) Mon 11 Wed 10 ce Station (G) Wed 1 Wild Ocean (STC) Tue 2 The Wildest Dream: Conquest of Eve est (PG) Fri 11-3-7 Sat 12-7 Sun 12-4 Mon-Thu 3

WESTMOLINT CENTRE 111 Ave. & Groat Rd., 403-455-8726

Red (14A) Dolby Stereo Digital Fri 7-9:50 Dolby Stereo Digital Sat-Sun 4-7-9:50 Dolby Stereo Digital Mon-Thu 8:05

Secretariat (G) Dolby Stereo Digital Fri 6:45-9:35 Dolby Stereo Digital Sat-Sun 3:30-6:45-9:35 Dolby Stereo Digital

Red (14A) Fri-Thu 1:05-3:10-5:10-7:10-9:15 Score: A Hockey Musical (STC) Fri-Thu 1-3-

Social Network (PG) No Passes Fri-Thu 1:45-4:20-6:50-9:10

GALAXY CINEMAS SHERWOOD PARK 2020 Sherwood Dr., Sherwood Park

780-416-0152

Easy A (14A) Fri-Thu 7:15-9:40 Hereafter (PG) No Passes Fri 3:45-6:50-9:50 No

Passes Sat-Sun 12:50-3:45-6:50-9:50 No Pass

4:35-7:25-10:05 Mon-Thu 7:25-10:05 Legend of the Guardians: The Owls of Ga'Hoole (PG) Fri 3:30 Sat-Sun 1:05-3:30 Life as We Know It (PG) Fri 4:15-7-9:45 Sat-

Sun 1:30-4:15-7-9:45 Mon-Thu 7-9:45 Paranormal Activity 2 (14A) No Passes Fri 4:30-7:30-10:10 No Passes Sat-Sun 1:40-4:30-7:30-10:10 No Passes Mon-Thu 7:30-10:10

Red (14A) Fri 4:20-7:10-10 Sat-Sun 1:25-4:20-7:10-10 Mon-Thu 7:10-10

Score: A Hockey Musical (STC) Fri 4:10-6:45-9:25 Sat-Sun 1:35-4:10-6:45-9:25 Mon-Thu

Secretariat (G) Fri 3:50-6:45-9:30 Sat-Sun 1-3:50-6:45-9:30 Mon-Thu 6:45-9:30

The Social Network (PG) Fri 4-6:55-9:40 Sat-Sun 1:10-4-6:55-9:40 Mon-Thu 6:55-9:40

The Town (14A) Fri 4:05-7-9:55 Sat-Sun 1:20-4:05-7-9:55 Mon-Thu 7-9:55

PARKLAND CINEMA

130 Century Crossing, Spruce Grove 780-962-2332

Alpha and Omega 3-D (G) Fri 6:50 Sat-Sun 3-6:50 Mon 6:50 Tue 3-6:50 Wed-Thu 6:50 Jackass 3D (R) Fri 7:30-9:40 Sat-Sun 1:30-3:40 7:30-9:40 Mon 7:30-9:40 Tue 1:30-3:40-7:30-9:40 Wed-Thu 7:30-9:40

Legend of the Guardians: The Owls of Ga'Hoole 3D (PG) Fri 9 Sat-Sun 12:50-9 Mon 9

Life as We Know It (PG) Fri 7:10-9:40 Sat Sun 1-3:30-7:10-9:40 Mon 7:10-9:40 Tue 1-3:30-7:10-9:40 Wed-Thu 7:10-9:40

Paranormal Activity 2 (14A) Fri 7:20-9:30 Sat-Sun 1:10-3:25-7:20-9:30 Mon 7:20-9:30 Tue 1:10-3:25-7:20-9:30 Wed-Thu 7:20-9:30 Red (14A) Fri 7-9:30 Sat-Sun 1:20-3:45-7-9:30 Mon 7-9:30 Tue 1:20-3:45-7-9:30 Wed-Thu 7-9:30 Secretariat (G) Fri 6:40-0:15 Sat-Sun 12:30

3:10-6:40-9:15 Mon 6:40-9:15 Tue 12:30-3:10-6:40-9:15 Mon 6:40-9:15 Tue 12:30-3:10-6:40-9:15 Wed-Thu 6:40-9:15 **The Social Network** (PG) Fri 6:45-0:20 Sat-Sun 12:40-2:20-6:45-0:20 Mor 9.20 3a:3uii 12:40-3:20-6:45-9:20 Wed-6:45-9:20 Tue 12:40-3:20-6:45-9:20 Wed-Thu 6:45-9:20

> LEPUC CINEMAS 4702 50th St., Leduc 780-986-2728

Jackass 3D (R) Fri 7:10-9:20 Sat-Sun 1:10-3:20-7:10-9:20 Mon-Thu 7:10-9:20 Paranormal Activity 2 (14A) Fri 7:05-

9:40 Sat-Sun 1:05-3:40-7:05-9:40 Mon Thu 7:05-9:40

Red (14A) Fri 6:55-9:30 Sat-Sun 12:50-3:30-6:55-9:30 Mon-Thu 6:55-9:30

Secretariat (G) Fri 6:55-9:30 Sat-Sun 12:55-3:30 6:55-9:30 Mon-Thu 6:55-9:30



MAPLE GameStop & EBGAMES

780-472-9779

7:30-9:55

Despicable Me (G) Fri-

Dinner for Schmucks (14A) Fri-Thu

Grown Ups (PG) Fri-Thu 1:50-7:25

Salt (14A) Fri-Thu 4:45-9:45

9:15 Thu 2:10-4:40-7-9:15

Legend of the Guardians:

The Expendables (STC) Fri-Thu 1:25-4:15-

Going the Distance (18A) Fri-Thu 1:30-4:35-

Knock Out (14A) Fri-Thu 1:10-4:05-7:15-9:40 Machete (18A) Fri-Thu 1:35-4:30-7:40-10 The Other Guys (PG) Fri-Thu 1:20-4-6:40-9:10

Scott Pilgrim vs. the World (PG) Fri-Thu 1:15-4:20-7-9:30

The Sorcerer's Apprentice (PG) Fri-Thu 1:45-4:25-7:05-9:25 **Step Up 3** (PG) Fri-Thu 1:55-4:40-7:30-9:50 **Toy Story 3 3D** (G) Fri-Thu 1-3:50-6:45-9:15

NORTH EDMONTON CINE-MAS 14231 137th Ave., 780-732-2236

Alpha and Omega (G) Fri-Mon 12:10 Thu

Easy A (14A) Fri-Mon 2:10-4:40-7-9:15 Tue 7-

Hereafter (PG) No Passes Fri-Tue 12:50-3:45-6:40-9:45 No Passes Wed 3:45-6:40-9:45 No Passes Thu 12:50-3:45-6:40-9:45

Jackass 3D (R) Fri-Sun 12:15-1:30-2:30-4-5-6:15-7:30-8:45-10:20 Mon 12:15-2:30-5-7:30 10:20 Tue-Thu

12:15-1:30-2:30-4-5-6:15-7:30-8:45-10:20

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Mix of Six

LitFest

On Friday, LitFest presents: Dan Gardner and Andrew Potter. Enjoy informal readings and interviews with some of LitFest's hottest authours. Free and open to all at noon at City Centre Mall's CBC Centre Stage.

Bend Sinister

On Friday, beloved indie prog rockers Bend Sinister will be performing at the Avenue with Paper Lions and Library Voices in Edmonton.

Pumpkins & Pirates

X marks the spot at the Muttart Conservatory this Halloween. Get a taste of pirate life during an afternoon filled with fanciful songs, exciting tales and hunting for treasure through the pyramids. Join the costume parade and then stop by the unusually carved pumpkin display to meet the artist and receive carving tips to try at home. Sunday, 1-4 p.m. Regular admission applies.



Edmonton Oilers

The Edmonton Oilers take on the San Jose Sharks at Rexall Place on Saturday night. Puck drop is at 8 p.m. Tickets are available at edmontonoilers.com or by calling 780-414-GOAL.

Gospel Jam 2010

Gospel Jam 2010 goes Friday night at the Central Lions Seniors Recreation Centre. Terrell Edwards from Reach Band will emcee the evening. Artists include Delroy Parr, Destello and Cherry Riffin. Dancers

will perform as well. Tickets are \$25 and are available at Safron's Caribbean Delight.

Art for Art

Art for Art, a silent auction of local and African works in support of Keiskamma Trust, takes place on Saturday. Keiskamma Trust is a not-for-profit in rural South Africa that is supported by Keiskamma Canada. Doors open at 6:30 p.m., the silent auction goes from 7 p.m. to 9 p.m. at the Timms Centre for the Arts. Tickets are \$25 in advance and \$30 at the door.



What You Need

2 tsp. olive oil

mushrooms

- 1 small onion, chopped 2 cups sliced fresh
- 1 cup Israeli couscous, uncooked
- 1-1/4 cups 25%-less-sodium
- chicken broth
 1-1/2 cups small broccoli
- florets
- 4 tilapia fillets (1 lb./450 g)
- 2 Tbsp. Kraft Pure Apricot Jam
- 1 Tbsp. Dijon mustard
- 3 Tbsp. Kraft 100% Parmesan Grated Cheese
- 2 Tbsp. chopped cilantro

Make it

HEAT oven to 425°F.

HEAT oil in large skillet on medium heat. Add onions and mushrooms; cook and stir 5 min. Stir in couscous; cook and stir 1 min. Add broth and broccoli; stir. Bring to boil; cover. Simmer 8 min. or until liquid is absorbed.

MEANWHILE, place fish in single layer in shallow pan sprayed with cooking spray. Mix jam and mustard; spread over fish. Bake 10 min. or until fish flakes easily with fork.

STIR Parmesan into couscous mixture; spoon onto 4 plates. Top with fish and cilantro.

Substitute: Prepare using halibut or salmon fillets.

Nutrition Information Per Serving: calories 410, fat 7g (sat 2.5 g), chol 60 mg, sodium 270 mg, carb 49 g, fibre 4 g, sugars 6 g, protein 38 g, vit A 10% DV, vit C 45% DV, calcium 8% DV, iron 15% DV

THIS WEEK ON THE SHOW - RESTAURANT AT HOME > whatscookingtv.com

SYTYCD makeup tips

we've watched So You Think You Can Dance Canada's aspiring dancers leap, flip and sweat their way to the final four — all while looking perfect.

How do they keep themselves looking composed while performing their numbers? Metro asked SYTYCD Canada's makeup

tips on the best way to get your makeup to stay on:

SKIN CARE

You always want to make sure that the skin is well hydrated and protected with a product with an SPF.

EXFOLIATE

Add an exfoliation regime

ly improve the skin's overall texture and makeup's lasting power.

Use a gommage (face peel), a peeling mask or a fine scrub every second day depending on your skin type. This will help to remove dead skin and allow the

MOISTURIZE

Before applying any other products, add a light-weight moisturizer in the summer and heavier lotion for the winter months. If mixed with a small amount of primer, it will help lock in moisture



Top four



A winner will be declared on the season finale this Sunday night, Amanda Cleghorn, 19, from Mississauga, Ont., Denys Drozdyuk, 25, from Toronto, Janick Arseneau, 20, from Bathurst, N.B. and Jeff Mortensen, 22, from

Apartment Finder

Edmonton are still in the running.

The reveal. Canada's favourite dancer will be revealed during a special two-hour live season finale on Sunday starting at 9 p.m. ET.

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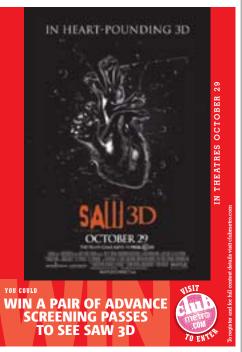
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Questions arise over hospital visit

♠ Aguilera got stitches just days before divorce ♠ Husband said she fell

Just days before she announced her split from husband Jordan Bratman, Christina Aguilera reportedly showed up at a hospital emergency room nursing a nasty mouth injury, according to Radar Online.

"Christina was bleeding from her mouth and had a bit of a busted lip," says a source who saw the couple at Cedars-Sinai Medical Center. "Jordan told the nurses she had fallen down. Shortly after they arrived to Cedars, Christina's private surgeon arrived to put a few stitches in her lip."

METRO



Lohans worried over court



Today is Lindsay Lohan's big day in court, and she could reportedly be headed back to jail for up to a year, according to Radar Online.

"The fact that (Judge Elden Fox) ordered Lindsay to appear, even though she is currently in rehab and not planning to fight the probation violation, has Lindsay's legal team very, very, concerned," a source says.

Lohan's camp is reportedly preparing for the worst.

"I think everyone close to her would like to see her go back to rehab, but there's an overwhelming feeling that something is going to happen to Lindsay if she doesn't go away for a long time, so they're reconciling with the fact that she could go to jail for a while," a source says. "People are scared." © METRO

Celebrity tweets



John Cho [@JohnThe-Cho] Feel strange personal

triumph that the word MILF has wormed its way into Franzen's Freedom.



Jessica Simpson [@Jessica-Simpson]

Trying to be in a good mood right now...but REAL-LY?!?!?!? Cowboys..



Kanye West [Akanyewest] In response to

the reaction of my album cover... "I'm deeply sorry if I haven't offended everybody"

Pregnancy rumours denied

Tina Knowles wants everyone to know that her daughter Beyonce Knowles is not pregnant.

"The truth is that's it's not Beyonce that's pregnant. It's me," Tina joked with Ellen DeGeneres.

"I'm kidding y'all. I'm 56. No, no (the reports are) not true. Not right now. With all the rumors, by now I should have five or six grandchildren."

Jay-Z has not offered any comment on the pregnancy rumours. The pair were married in July of 2008 but have never spoken publicly about having kids.

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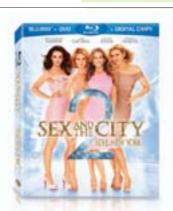
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The alluring aroma of the food business

Dedication? Check. Sound business plan? Check. • With some effort and some luck your upstart catering biz can flourish



It's been thirty years since Vancouver catering com-pany The Lazy Gourmet started. People bring in their own dishes, they'd get filled with food and you'd pass it off as your own. Since then the Lazy Gourmet team has done it all, even cooked for members of the British government during the Olympic Games.

They're the exception. According to David Martin, 50 per cent of new food ventures fail within the

In Edmonton:

Absolutely Edibles absolutelyedibles.com: Brenda Dutton and Bjorn Cochran run their business with a green philosophy. They compost and use organic ingredients wherever possible. They also cook healthy. They don't even have a deep fryer! Brenda has words of wisdom for those looking to get into catering. "Make sure you have a passion for it because you do it 24/7. It's definitely rewarding when you see people enjoying the food that you've prepared or they call you and say how wonderful everything was."

first year. Martin is the director of the Ted Rogers School of Hospitality and Tourism Management at Ryerson University Toronto and he knows this all too well.

"There's mystique about it, a lot of people think it's great, they love people and they love to cook. People come to us for advice and the first thing I say is, 'Do you have a business plan? How are you going to get your cus-tomers?' Few think about

Martin says there are certain elements that prospective caterers must consider before taking the plunge.

"'What do you want it to become? Work with that and say, 'what are the milestones to success? What's my strength and what are the opportunities in the marketplace?' If you take a look at the total package, you need to identify what you need to overcome and figure out what you need to do overcome

General manager of The Lazy Gourmet Kevin Mazzone says ultimately it's about the reputation you build for yourself. "The food business is very difficult. Really having that trust in our name ... people just keep coming back."



life

Halloween

Potlucks for Halloween great for the kids

Here are some tips to help you plan a successful and enjoyable children's Halloween

and stress of hosting a party with friends and family. A progressive or potluck party distrib-utes the work and expense evenly among

Share the expense

 Since Halloween is on a Sunday this year, plan a party on the eve of the big night. Bake homemade treats in lieu of storebought Halloween cupcakes, cookies and cakes

THE ASSOCIATED PRESS



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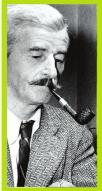
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sports

Quoted



"To the innocent it seemed discorded and inconsequent, bizarre and paradoxical like the frantic darting of weightless bugs which run on the surface of stagnant pools." NOBEL PRIZE-WINNING AUTHOR WILLIAM FAULKNER DESCRIBES AN NHL GAME IN 1955, FROM AN ARTICLE

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HOCKEY BOOK. THE NEW

BOOK CONTAINS HOCKEY

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MAGAZINE'S HISTORY.

Struggling Oilers fall prey to Wild

Brodziak scores two for Minnesota as Edmonton drops third in a row





Kyle Brodziak scored a pair of goals as the Minnesota Wild defeated the Edmonton Oilers 4-2 on Thursday

Guillaume Latendresse and Brent Burns also scored for the Wild, who won their second straight and improved to 3-2-1.

Ales Hemsky and Shawn Horcoff replied for the Oilers (2-3-1) who have now lost three in a row.

Minnesota scored first less than three minutes into the opening period as Brodziak — stoned on a 2on-1 by Oilers starter Nikolai Khabibulin — was left alone at the side of the net to dig out the rebound for

his first of the season. Brodziak had his second of the game three minutes later, taking a backhand pass from Latendresse and rifling a shot into the Edmonton net.

The Oilers cut into the lead 12:42 into the first while on the power play. Defenceman Kurtis Foster

Around the NHL

Elsewhere in National **Hockey League action** on Thursday night:

- Sharks 4 Avalanche 2 Joe Pavelski scored two power-play goals in the second period and Antero Niittymaki made 29 saves, helping the scuffling San Jose Sharks to a 4-2 win over the Colorado Avalanche.
- Stars 4 Panthers 1 Tom Wandell scored two goals as the Dallas Stars beat the Florida Panthers

picked up his first point as an Oiler, sending the puck from the point to Hemsky who feathered a shot past Wild starter Niklas Backstrom.

But just over a minute later the Wild responded with a power-pay goal of their own, as Latendresse's shot hit the stick of defend-er Jim Vandermeer and caromed into the goal.

Edmonton had the bulk of the quality chances in the scoreless second, out-shooting the Wild 15-8.

The Oilers pulled back to within one eight minutes into the third as Horcoff batted in a backhand from in tight that got past Backstrom. But Burns' emptynet goal put the game away for Minnesota.

THE CANADIAN PRESS



Halladay wins as Phillies keep post-season hopes alive

Doc got the best of The Freak in a rematch of aces.

Roy Halladay pitched through a groin pull, outdu-elling Tim Lincecum and keeping the Philadelphia Phillies alive in the NL championship series with a 4-2 victory over the San Francisco Giants on Thursday night.

Werth's solo Jayson homer in the ninth quieted the raucous sellout crowd of 43,713, and many fans began making for the exits





even before Philadelphia pulled within 3-2 in the best-of-seven series.

Halladay's bunt — which appeared to be foul helped spark a three-run third inning, when Shane

Victorino drove in the first of two runs that scored on a fielding error by first base-

man Aubrey Huff.
Placido Polanco followed with an RBI single, and the two-time reigning champions forced a Game 6 back home in Citizens Bank Park on Saturday and another cross-country trip. Jonathan Sanchez starts for the Giants against Roy Oswalt, who is 10-0 in 12 starts at Philadelphia this year. THE CANADIAN PRESS

Sports in brief

Tackson to report to San **Diego Chargers**

NFL. Wide receiver Vincent Jackson will report to the San Diego Chargers next week and sign his contract tender, his agent said Thursday.

By reporting Oct. 29, Jackson will be able to serve a three-game, team-imposed

suspension on the roster exempt list, then play in the final six games to accrue his sixth season toward unrestricted free agency.
THE ASSOCIATED PRESS

More bad news for Miami Heat

NBA. A freak injury to Mike Miller's right thumb is expected to keep one of the NBA's top three-point shooters sidelined for several weeks, yet another blow to the injuryprone Miami Heat. THE ASSOCIATED PRESS



NHL

FACTEDN	CONFEDENCE

EASTERN CONFERENCE												
	GP	W	L	OTL	SL	GF	GΑ	Pts	Home	Away	Last 10	Strk
d-NY Islanders	7	4	1	1	1	23	19	10	2-0-0-1	2-1-1-0	4-1-1-1	W3
d-Tampa Bay	6	4	1	1	0	19	21	9	2-0-1-0	2-1-0-0	4-1-1-0	L1
d-Toronto	6	4	1	1	0	18	13	9	2-1-1-0	2-0-0-0	4-1-1-0	L2
Pittsburgh	8	5	3	0	0	27	19	10	2-3-0-0	3-0-0-0	5-3-0-0	W4
Boston	5	4	1	0	0	16	8	8	1-1-0-0	3-0-0-0	4-1-0-0	W4
Washington	7	4	3	0	0	19	18	8	3-1-0-0	1-2-0-0	4-3-0-0	L2
Montreal	6	3	2	1	0	14	16	7	1-1-1-0	2-1-0-0	3-2-1-0	L1
Atlanta	6	3	3	0	0	18	20	6	1-1-0-0	2-2-0-0	3-3-0-0	L1
Carolina	6	3	3	0	0	17	18	6	1-0-0-0	2-3-0-0	3-3-0-0	L1
NY Rangers	5	2	2	1	0	16	17	5	0-1-1-0	2-1-0-0	2-2-1-0	W1
Philadelphia	6	2	3	1	0	13	17	5	1-3-0-0	1-0-1-0	2-3-1-0	L3
Buffalo	7	2	4	1	0	16	19	5	0-3-1-0	1-2-0-0	2-4-1-0	W1
New Jersey	7	2	4	1	0	13	21	5	0-3-1-0	2-1-0-0	2-4-1-0	W1
Florida	5	2	3	0	0	13	9	4	1-1-0-0	1-2-0-0	2-3-0-0	L1
Ottawa	6	1	4	1	0	12	21	3	1-1-0-0	0-3-1-0	1-4-1-0	L2

WESTERN CONFERENCE GP W L OTL SL GF GA Pts

d-Chicago	8	5	2	1	0	25	21	11	3-2-0-0	2-0-1-0	5-2-1-0	W4
d-Dallas	6	5	1	0	0	24	16	10	2-0-0-0	3-1-0-0	5-1-0-0	W1
d-Colorado	6	4	2	0	0	19	19	8	1-0-0-0	3-2-0-0	4-2-0-0	W1
Detroit	6	4	1	0	1	18	14	9	2-0-0-1	2-1-0-0	4-1-0-1	W2
Nashville	6	3	0	3	0	16	14	9	2-0-3-0	1-0-0-0	3-0-3-0	L3
Los Angeles	5	4	1	0	0	14	9	8	3-0-0-0	1-1-0-0	4-1-0-0	W3
Minnesota	6	3	2	0	1	20	15	7	2-2-0-0	1-0-0-1	3-2-0-1	W2
Anaheim	8	3	4	0	1	17	28	7	2-0-0-1	1-4-0-0	3-4-0-1	W1
Columbus	5	3	2	0	0	13	13	6	2-1-0-0	1-1-0-0	3-2-0-0	W2
St. Louis	5	2	1	1	1	14	12	6	2-0-0-0	0-1-1-1	2-1-1-1	L3
Calgary	6	3	3	0	0	11	15	6	2-1-0-0	1-2-0-0	3-3-0-0	L1
Vancouver	7	2	3	0	2	15	20	6	2-0-0-1	0-3-0-1	2-3-0-2	L2
Edmonton	5	2	3	0	0	14	15	4	2-1-0-0	0-2-0-0	2-3-0-0	L3
San Jose	4	1	2	1	0	9	14	3	1-2-0-0	0-0-1-0	1-2-1-0	L3
Phoenix	4	1	2	1	0	8	10	3	0-1-1-0	1-1-0-0	1-2-1-0	L3

 $d-\text{division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column. \\$

Wednesday's results Chicago 2 Vancouver 1 (SO) Buffalo 4 Atlanta 1

Calgary at Columbus, 7 p.m. Ottawa at Buffalo, 7:30 p.m.

WILD 4, OILERS 2

Tampa Bay at Atlanta, 7:30 p.m. Chicago at St. Louis, 8 p.m. Minnesota at Vancouver, 10 p.m.

3. New Jersey, Taormina 2 (Arnott) 3:38
Penalties — Clarkson NJ (tripping) 5:45,
Zubrus NJ (hooking) 11:56.
Shots on goal by
New Jersey 3 8 9

Shots on goal by New Jersey 3 8 9 2 Montreal 10 5 14 2 Goal — New Jersey: Brodeur (W,2-4-1): Mon-treal: Price (L,3-2-1). Power plays (goals-chances) — New Jersey: 0-4; Montreal: 0-3. Att. — 21,273 (21,273) at Montreal.

First Period 1. Minnesota, Brodziak 1 (Staubitz, Burns) 2:49 2. Minnesota, Brodziak 2 (Latendresse, Bark-

er) 5:34 3. Edmonton, Hemsky 3 (Foster, Whitney)

12:42 (pp) 4. Minnesota, Latendresse 3 (Havlat, Cullen)

Penalties — Schultz Min (hooking) 6:19, Kobasew Min (holding) 7:45, Clutterbuck Min

Penalties — Schultz Min (hooking) 6:19, Kobasew Min (holding) 7:45, Clutterbuck Min (slashing) 12:13, Penner Edm (hooking) 13:30, Wystrom Min (charging) 18:50, Edmonton bench (too many men served by Hall) 19:35. Second Period — No scoring. Penalties — Latendresse Min (delay of game) 4:16, Brodziak Min (cross-checking) 8:32, Latendresse Min (holding the stick) 19:41. Third Period 5. Edmonton, Horoff 3 (Eberle, Whitney) 8:09 (pp) 6. Minnesota, Burns 3 (Koivu) 19:16 (en) Penalties — Kobasew Min (tripping) 4:24, Penner Edm (tipl-sticking), Penner Edm (10)—minute misconduct) 4:52, Burns Min (roughing) 6:11, Havist Min (tripping) 16:47, Gilbert Schots on god 11:40, Sobtos on god 15:40, Sobtos on god 16:40, Sobtos on god

Columbus 3 Anaheim 3

Tonight's games

(All times Eastern)

Los Angeles 4 Carolina 3

Last night's results
Boston 4 Washington 1
N.Y. Rangers 2 Toronto 1
Anaheim 3 Philadelphia 2 Detroit 4 Calgary 2 New Jersey 3 Montreal 0 N.Y. Islanders 3 Tampa Bay 2 (OT) Dallas 4 Florida 1 Pittsburgh 4 Nashville 3 (OT) San Jose 4 Colorado 2 Minnesota 4 Edmonton 2 Los Angeles at Phoenix

RED WINGS 4. FLAMES 2

rifst Period
1. Calgary, Backlund 1 (Glencross, Sarich) 15:24
2. Detroit, Zetterberg 1 (Datsyuk, Holmstrom) 17:29

3. Calgary, Backlund 2 (Morrison, Glencross) 18:10

Penalty — Kindl Det (interference) 5:23. Penalty — Kindl Second Period

second Period
4. Detroit, Lidstrom 1 (Datsyuk, Zetterberg)
3:51 (pp)
Penalties — Staios Cal (holding stick) 2:54,
Salei Det (holding) 6:30, Hagman Cal (hooking) 8:58, Stajan Cal (tripping) 13:00, Hudler
Det (interference) 14:37.
Third Period
5. Detroit Franzon 4 (Pentroit V. Filantia) 2:52

5. Detroit, Franzen 4 (Bertuzzi, V.Filppula) 7:55

5. Detroit, Franzen 4 (Bertuzzi, V. Filippuo) 7... 6. Detroit, Bertuzzi 2, 16:43 Penalties — Meyer Cal (goaltender interference) 8:53, Modano Det (hooking) 9:22, Salei Det (delay of game) 11:12, Giordano Cal (hooking) 13:19, Stuart Det (delay of game) 19:46. Shots on goal by

16 5 15 12 8 10 Decidit 12 8 10
Goal — Calgary: Kiprusoff (L,3-3-0); Detroit:
Howard (W,3-0-1). Power plays (goals-chances) — Calgary: 0-6; Detroit: 1-5.
Att. — 18,399 (20,066) at Detroit

DEVILS 3, CANADIENS 0

1. New Jersey, Parise 2 (Zajac, Zubrus) 4:20 Penalties — Clarkson NJ, Moen Mtl (fighting)

Second Period
2. New Jersey, Arnott 3 (Zubrus, Langenbrun-ner) 14:59

ner) 14:59

Penalties – Gionta Mtl (goaltender interference) 2:10, Plekanec Mtl (high-sticking) 12:51, Clarkson NJ (interference) 16:45, Gionta Mtl (goaltender interference) 17:11, Hamrilik Mtl (delay of game) 18:33.

Third Period

SCORING LEADERS

	U	A	PI
Hossa, Chi	7	4	11
D.Sedin, Vcr	7	3	10
B.Richards, Dal	2	8	10
Stamkos, TB	5	4	9
H.Sedin, Vcr	0	9	9
Sharp, Chi	6	2	8
Crosby, Pgh	4	4	8
Ovechkin, Wash	4	4	8
Cullen, Minn	3	5	8
Getzlaf, Ana	2	6	8
Kopecky, Chi	1	7	8
Liles, Col	0	8	8
Kessel, Tor	5	2	7
Roy, Buf	5	2	7
C.Stewart, Col	5	2	7
Letestu, Pgh	4	3	7
Goligoski, Pgh	3	4	7
Neal, Dal	3	4	7
Martin, Pgh	1	6	7
Not including last night	's games		

MLB

Strl

2010 POST-SEASON

LEAGUE CHAMPIONSHIP SERIES (BEST-OF-7)
(All times Eastern)
AMERICAN LEAGUE Texas (W) vs. N.Y. Yankees (WC) (Texas leads series 3-2)

Wednesday's result N.Y. Yankees 7 Texas 2 Tonight's game V.Y. Yankees at Texas, 8:07 p.m.

N.Y. Yankees ac . . . Tomorrow's game Vankees at Texas, 8:07 p.m. x-N.Y. Yankees at Texas, 8:07 p.m.
NATIONAL LEAGUE
Philadelphia (E) vs. San Francisco (W)
(San Francisco leads series 3-2)
Last night's result
Philadelphia 4 San Francisco 2
Wednesday's result
San Francisco 6 Philadelphia 5
Tomorrow's game
San Francisco at Philadelphia, 3:57 or 7:57 p.m.
San Francisco at Philadelphia, 3:57 or 7:57 p.m.
Syndrav's same

Sunday's game x-San Francisco at Philadelphia, 7:57 p.m.

NATIONAL LEAGUE

PHILLIES 4, GIANTS 2

Utley 2b	4	0	1	0	A.Huff1b	4	0	0	0
Howard 1b	4	0	0	0	Posey c	3	0	0	1
Werth rf	4	1	1	1	Burrell If	4	1	1	
Rollins ss	4	0	1	0	C.Ross rf	4	0	1	
Ibanez If	4	1	2	0	Sandovl 3b	4	0		0
C.Ruiz c	2	1	0	0	Uribe ss	4	0	0	0
Hallady p	1	0	0	0	Linccm p	2	0	0	0
Gload ph	1	0	0	0	Fontent ph	1	0	0	0
Contrrs p	0	0	0	0	Romo p	0	0	0	0
JRomr p	0	0	0	0	JaLopz p	0	0	0	0
Madson p	0	0	0	0	RRmrz p	0	0	0	0
BFrncs ph	1	0	0	0	Affeldt p	0	0	0	0
Lidge p	0	0	0	0	Ishikaw ph	1	0	0	0
Totals	33	4	6	3	Totals	34	2	7	2
Philadelphia					003 000	001	-	4	
San Francisc	0				100 100	000		2	

san rancisco 100 100 000 2 E-Howard (1), A-Huff (1), Sandoval (1), DP-Philadelphia 1, San Francisco 1. LOB-Philadel-phia 6, San Francisco 7. 2E-Burrell (2), C.Ross (2), HR-Werth (2), SB-Utley (3), Rollins 2 (2), S-Halladay.

	IP	н	ĸ	ĿК	RR	50
Philadelphia						
Halladay W,1-1	6	6	2	2	2	5
Contreras H,1	2-3	1	0	0	0	1
J.Romero H,1	1-3	0	0	0	0	0
Madson H,1	1	0	0	0	0	3
Lidge S,1-1	1	0	0	0	0	1
San Francisco						
Lincecum L,1-1	7	4	3	2	1	7
Romo	1-3	0	0	0	1	0
Ja.Lopez	2-3	0	0	0	0	1
R.Ramirez	2-3	2	1	1	0	0
Affeldt	1-3	0	0	0	0	1
HBP—by Lincecui	m (C.Ru	iz).				
Umpires—Home,	Jeff Ne	Isor	: Fir	st, To	m Ha	al-

lion; Second, Derryl Cousins; Third, Dan Ias-sogna; Right, Wally Bell; Left, Ted Barrett. T—3:15. A—43,713 (41,915) at San Francisco

TRANSACTIONS

BASEBALL

MLB

AMERICAN I FAGUE

DETROIT TIGERS — Agreed to terms with 3B Brandon Inge on a two-year contract. Named Ernie Young manager, Ben Oglivie coach and T.J. Saunders trainer of West Michigan (MWL). In a related announcement, Joe De-Pastino has assumed the role of roving catching coordinator with the organization. He served as West Michigan's manager each of the past three seasons, guiding the club to the Midwest League playoffs all three years. KANSAS CITY ROYALS — Named Doug Sisson

First-base coach.

NEW YORK YANKEES — Traded RHP Andrew
Shive and 2B Matt Cusick to Cleveland to complete the trade that sent RHP Kerry Wood to

GOLDEN LEAGUE

CALGARY VIPERS — Announced the contract of LHP Brant Stickel to the Los Angeles Dodgers.

BASKETBALL

NBA

CHARLOTTE BOBCATS — Waived F Darius Miles and C Matt Rogers. PHILADELPHIA 76ERS — Exercised their Arricase Details — Lead their fourth-year contract option on G Jrue Holiday and their fourth-year contract option on F-C Marreese Speights. Waived F-C Trent Plaisted and G Chris Quinn.

FOOTBALL

DETROIT LIONS—Signed CB Paul Pratt to practice squad.

HOCKEY

NTIL
COLUMBUS BLUE JACKETS — Placed LW
Ethan Moreau on injured reserve.
NASHVILLE PREDATORS — Signed F Steve
Begin to a one-year contract and assigned him
to Milwaukee (AHL).
OTTAWA SENATORS — Recalled D David Hale
from Pischarmer (AHL). from Binghamton (AHL).

CFL

WEEK 17

EAST DIVISI	EAST DIVISION											
	GP	W	L	Т	PF PA	P						
y-Montreal	15	11	4	0	477 375	2						
x-Hamilton	15	8	7	0	396 369	10						
Toronto	15	7	8	0	286 393	1						
Winnipeg	15	4	11	0	411 407	8						
WEST DIVIS	ION											

	GP	W	L	Т	PF PA	Pt
x-Calgary	15	11	4	0	505 367	22
x-Saskatchewan	15	9	6	0	425 403	18
B.C.	15	5	10	0	384 397	10
Edmonton	15	5	10	0	304 477	10
x — clinched playo	ff be	rth				

clinched division Tonight's games (All times Eastern) Montreal at Hamilton, 7 p.m.

B.C. at Calgary, 10 p.m. Toronto at Winnipeg, 4 p.m. Saskatchewan at Edmonton, 7 p.m.

SCORING LEADERS

עו		ru	3	PLS
0	56	30	3	149
0	37	30	12	139
0	26	35	6	137
0	35	29	3	125
0	41	26	2	121
r 0	25	22	8	99
15	0	0	0	90
	0 0 0 0 0	0 56 0 37 0 26 0 35 0 41 r 0 25	0 56 30 0 37 30 0 26 35 0 35 29 0 41 26 r 0 25 22	0 56 30 3 0 37 30 12 0 26 35 6 0 35 29 3 0 41 26 2 r 0 25 22 8

SOCCER

EASTERN CONFERENCE

	GP	VV	L	- 1	GF	GΑ	М
x-New York	30	15	9	6	38	29	51
x-Columbus	29	13	8	8	37	33	47
Kansas City	29	10	13	6	32	34	36
Chicago	29	8	12	9	33	37	33
New England	30	9	16	5	32	50	32
Toronto FC	29	8	13	8	30	39	32
Philadelphia	29	8	14	7	34	46	31
D.C. United	29	6	19	4	19	44	22

WESTERN CONFERENCE

	GP	W	L	Т	GF	GΑ	Pt
x-Los Angeles	29	17	7	5	42	25	56
x-Real Salt Lake	29	15	4	10	43	18	55
x-FC Dallas	29	12	3	14	41	26	50
x-Seattle	29	14	9	6	38	33	48
x-San Jose	29	13	9	7	33	29	46
x-Colorado	29	12	8	9	42	30	45
Houston	29	8	15	6	38	48	30
Chivas USA	29	8	17	4	30	41	28

Chivas USA 29 8 1
x — clinched playoff berth.
Last night's result
New York 2 New England 0
Tonight's games
(All times Eastern)

Seattle at Houston, 4 p.m. Seatch at Noustin, 4 p.m.

Toronto FC at D.C. United, 7:30 p.m.

San Jose at Kansas City, 8:30 p.m.

Real Salt Lake at Colorado, 9 p.m.

Chicago at Chivas USA, 11 p.m.

Sunday's games Philadelphia at Columbus, 4 p.m. FC Dallas at Los Angeles, 8 p.m.

EUROPA LEAGUE

Yesterday's results

Group A Manchester City (England) 3, Lech Poznan Red Bull Salzburg (Austria) 1, Juventus (Italy)

Atletico Madrid (Spain) 3, Rosenborg (Nor-way) 0 Aris (Greece) 0, Bayer Leverkusen (Germany)

Sporting Lisbon (Portugal) 5, Ghent (Belgium)

Lille (France) 1. Levski Sofia (Bulgaria) 0 **Group D**Villarreal (Spain) 1, PAOK Thessaloniki

Office (Special Condition) (Greece) 0
Dinamo Zagreb (Croatia) 0, FC Brugge (Belgium) 0
Group E

Sheriff (Moldova) 0, BATE Borisov (Belarus) 1 AZ Alkmaar (Netherlands) 1, Dynamo Kiev (Ukraine) 2 Group F

Palermo (Italy) 0, CSKA Moscow (Russia) 3 Sparta Prague (Czech Republic) 3, Lausanne Sports (Switzerland) 3

Zenit St. Petersburg (Russia) 2, Hajduk Split (Croatia) 0 Anderlecht (Belgium) 3, AEK Athens (Greece)

Young Boys (Switzerland) 4, OB Odense (Den-

Stuttgart (Germany) 1, Getafe (Spain) 0 Metalist Kharkiv (Ukraine) 2, Sampdoria (Italy) 1 Debreceni (Hungary) 1, PSV Eindhoven

(Netherlands) 2 (Netherlands) 2 Group J Borussia Dortmund (Germany) 1, Paris Saint-Germain (France) 1 Karpaty Lviv (Ukraine) 0, Sevilla (Spain) 1

FC Utrecht (Netherlands) 1, Steaua Bucharest

(Romania) 1 Napoli (Italy) 0, Liverpool (England) 0 Group L CSKA Sofia (Bulgaria) 0, Rapid Vienna (Aus-

Besiktas (Turkey) 1, FC Porto (Portugal) 3

NFL

WEEK 7

AMERICAN CONFERENCE

EAST						
	W	L	T	Pct	PF	P
N.Y. Jets	5	1	0	.833	159	10
New England	4	1	0	.800	154	11
Miami	3	2	0	.600	89	11
Buffalo	0	5	0	.000	87	16
SOUTH						
	W	L	T	Pct	PF	P
Houston	4	2	0	.667	153	16
Indianapolis	4	2	0	.667	163	12
Jacksonville	3	2	0	.600	107	13
Tennessee	3	2	0	.600	132	9
NORTH						
	W	L	Т	Pct	PF	P
Pittsburgh	4	1	0	.800	114	6
Baltimore	4	2	0	.667	112	9
Cincinnati	2	3	0	.400	100	10
Cleveland	1	5	0	.167	88	12
WEST						
	W	L	Т	Pct	PF	P
Kansas City	3	2	0	.600	108	9
Oakland	2	4	0	.333	120	15
Denver	2	4	0	.333	124	14
San Diego	2	4	0	.333	157	12
NATIONAL	L CO	NFI	ERE	NCE		
EAST						
	W	L	т	Pct	PF	P
N.Y. Giants	4	2	0	.667	134	11
Philadelphia	4	2	0	.667	153	12
Machington	2	2	٥	Enn	112	11

IIIIIIIIII				IIICL		
EAST						
	W	L	Т	Pct	PF	PA
N.Y. Giants	4	2	0	.667	134	118
Philadelphia	4	2	0	.667	153	120
Washington	3	3	0	.500	113	119
Dallas	1	4	0	.200	102	111
SOUTH						
	W	L	Т	Pct	PF	PA
Atlanta	4	2	0	.667	130	101
New Orleans	4	2	0	.667	130	108
Tampa Bay	3	2	0	.600	80	111
Carolina	0	5	0	.000	52	110
NORTH						
	W	L	Т	Pct	PF	PA
Chicago	4	2	0	.667	112	97
Green Bay	3	3	0	.500	139	112
Minnesota	2	3	0	.400	87	88
Detroit	1	5	0	.167	146	140
WEST						
			_			

PA 3 138 98 97 103 113 93 139 ,, N.Y. Jets Pct .600 .600 .500 .167 Arizona 3 2 0
Seattle 3 2 0
St. Louis 3 3 0
San Francisco 1 5 0
Byes: Detroit, Houston, Indiar
Sunday's games
(All times Eastern)
Buffalo at Baltimore, 1 p.m. Washington at Chicago, 1 p.m. Cincinnati at Atlanta, 1 p.m.

Philadelphia at Tennessee, 1 p.m. Pittsburgh at Miami, 1 p.m. St. Louis at Tampa Bay, 1 p.m. Cleveland at New Orleans, 1 p.m. Jacksonville at Kansas City, 1 p.m. San Francisco at Carolina, 1 p.m. Arizona at Seattle, 4:05 p.m. Oakland at Denver, 4:15 p.m. New England at San Diego, 4:15 p.m. Minnesota at Green Bay, 8:20 p.m.

Monday's game N.Y. Giants at Dallas, 8:30 p.m.

NBA

PRE-SEASON

Last night's results Oklahoma City 101 New Orleans 86 Atlanta 98 Miami 89 San Antonio 111 Houston 103 Denver at Portland At Columbus, Ohio Cleveland 83 Milwaukee 77 At San Diego Golden State vs. L.A. Lakers

AFFORDABLE LUXURY

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ON SELECT 2010 ACURA MODELS

Crossword

ACROSS

- 1 Height of fashion? 4 Author Stoker
- 8 Earthenware pot
- 12 "The Greatest"
- 13 Tiny bit
- 14 Tire (out)
- 15 Church VIP
- 17 Relaxation 18 Big bothers
- 19 Draw conclusions
- 20 The fifth element

:::

33

- 22 Portend
- 24 First victim
- 25 Reeve role 29 Parcel of land
- 30 Paycheck extra
- 31 Anger
- 32 Final courses
- 34 Fit of peevishness
- 35 Dregs
- 36 Lummox
- 37 Started
- 40 Close
- 41 Eager
- 42 Vitamins' partners 46 Longtime CNN in-
- terviewer
- 47 Cupid's alias
- 48 NAFTA member
- 49 Otherwise 50 Arrests

51 Carpet

- Down
- 2 Yale student
- 4 Plain figure?
- 6 Packed away

1 Overactor

- 3 Mosque towers
- 5 Deteriorates
- 7 Scratch 8 First game

- 9 Goldbrick 10 Come in last
- 11 Mimic
- 19 Mid-month date
- 20 Hairless 21 Reed instrument
- 22 Batter's tactics
- 23 Piece of work 25 Aching
- 26 Labyrinth beast
- 27 Desert-like 28 Profits
- 30 Existed
- 33 Gunk 34 Speak unclearly

SG. 36 Kasparov's game 37 Prepare a casse-

42

3.3

role 16 Pedestal occupant 38 Satan's specialty

ж.

- 39 Traps 40 Uppity one 42 "Two and a Half -
- 43 Playwright Levin 44 Baton Rouge sch.

45 Droop

. : 45.

¥ï

-II:



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Sudoku

7	9				4	6		
4			6	1				8
					3	9		
		7		6				2
	3						8	
2				7		4		
		1	5					
3				4	2			5
		8	1				9	7

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	7	3	6	9	8	5	2	4
2	8	4	5	7	3	1	6	9
5	6	9	4	2	1	7	3	8
7	3	5	9	4	2	8	1	6
8	4	6	3	1	7	9	5	2
9	1	2	8	6	5	4	7	3
4	5	8	1	3	6	2	9	7
6	2	1	7	8	9	3	4	5
3	9	7	2	5	4	6	8	1

Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

Ken, I love you so much! Thank you so much for contacting me on Facebook almost four months ago! I am loving spending the rest of my life with you. LOVE C.

My one and only, M. Babe, over these past 6 years, you've made me happier than anyone ever could. I want to thank you for everything you've done for me. You mean the world to me

I LOVE YOU, YOURS FOREVER, C Sniffer, Your smile and your love is what makes life so beautiful to me. Happy Birthday

LOVE MALMY

Alisa. I love you so much. So very happy your in my life. Have a great day Sweetheart !.

YOUR MAN MIKE

Pancake, I am very thankful for having you because you always make my heart smile. I love you.

LOVE, MUNCHKIN

TODAY Min 0° 2 Max 7°

SATURDAY Min -1 **™** Max 6°

SUNDAY Min -3 Max 6° Michele McDougall Weather Specialist
"My favourite part is reporting the

weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 6AM



Today's horoscope

T Aries March 21-April 20 You are under no obligation to work your fingers to the bone just to please other people. They may have got themselves in a bit of a mess but that's not your fault.

¥ Taurus April 21-May 21 Your confidence may be high right now but the moment you start to believe that nothing can possibly go wrong is the moment when it most likely will.

II **Gemini May 22-June 21** The more you want something to happen the more likely it is you will overreach yourself and make the kind of mistake that you usually go out of your way to avoid. Don't be too eager today. Let life come to

Gancer June 22-July 22 Even if you are the kind of Cancerian who rarely strays far from home you will be on the move today. Where you go remains to be seen but make sure that you, and you alone, set the travel agenda.

 Leo July 23-Aug.23 It's not like you to avoid reality but it seems you want nothing more at the moment than to lose yourself in daydreams. And why not?

TV Virgo Aug. 24- Sept. 22 Someone seems to have got it into their head that you will grant any favor they ask of you. It would be nice if you were in a position to do so but vou're not and you need to avail them of that fact quickly.

△ Libra Sept. 23-Oct. 23 Resist the urge to rush things, especially on the work front where you won't do your reputation much good if you cut corners and make mistakes as a consequence

M Scorpio Oct. 24-Nov. 22

Mars, planet of ego, squares up to Neptune, planet of deceit, today, so it might be wise to check, then double check, everything you are told.

→ Sagittarius

Nov. 23-Dec. 21 Be warv of those who try to confuse you by introducing irrelevant facts and figures into your conversation. The situation you are currently involved in is quite simple really. Stay focused on the central point so they can't cheat.

り Capricorn Dec. 22-Jan. 20 This is a good day for talking with friends and learning from their experiences, but don't immediately rush out and try to do what they have done.

Aquarius Jan. 21-Feb. 18 By all means enjoy yourself but stay within your limits too. The planets warn you could get carried away and do something that invites trouble into

⊢ Pisces Feb. 19-March 20

With Mars squaring up to your ruler Neptune today there is a danger you could be a bit too optimistic for your own good. Confidence is a good thing, of course, but too much of it can cause problems. Steer clear of



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